

Moderate or Vigorous Physical Activity* (Calculated Variable)?
Kentucky BRFSS 2001

Demographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	6933	1813	28.9	(27.3-30.5)	5120	71.1	(69.5-72.7)
GENDER							
Male	2691	804	32.6	(30.0-35.3)	1887	67.4	(64.7-70.0)
Female	4242	1009	25.5	(23.7-27.5)	3233	74.5	(72.5-76.3)
RACE							
White/NH	6321	1644	29.1	(27.4-30.8)	4677	70.9	(69.2-72.6)
African American/NH	346	96	26.0	(20.2-32.8)	250	74.0	(67.2-79.8)
AGE							
18-24	530	191	37.7	(32.1-43.7)	339	62.3	(56.3-67.9)
25-34	1177	361	31.0	(27.4-34.8)	816	69.0	(65.2-72.6)
35-44	1393	377	28.2	(25.0-31.7)	1016	71.8	(68.3-75.0)
45-54	1343	320	27.1	(23.8-30.6)	1023	72.9	(69.4-76.2)
55-64	1048	265	26.6	(22.9-30.6)	783	73.4	(69.4-77.1)
65+	1415	293	24.5	(21.0-28.4)	1122	75.5	(71.6-79.0)
EDUCATION							
Less Than H.S.	1550	283	20.9	(17.9-24.1)	1267	79.1	(75.9-82.1)
H.S. or G.E.D.	2601	654	27.9	(25.4-30.6)	1947	72.1	(69.4-74.6)
Some Post-H.S.	1583	471	30.9	(27.6-34.4)	1112	69.1	(65.6-72.4)
College Graduate	1187	403	35.8	(32.1-39.7)	784	64.2	(60.3-67.9)
HOUSEHOLD INCOME							
Less than \$15,000	991	180	19.5	(16.0-23.6)	811	80.5	(76.4-84.0)

\$15,000- 24,999	1155	299 27.5 (23.9-31.5)	856 72.5 (68.5-76.1)
\$25,000- 34,999	782	213 28.3 (24.1-32.9)	569 71.7 (67.1-75.9)
\$35,000- 49,999	870	253 30.2 (25.9-34.9)	617 69.8 (65.1-74.1)
\$50,000+	1202	430 37.2 (33.5-41.1)	772 62.8 (58.9-66.5)

Moderate or vigorous physical activity is defined as thirty or more minutes of moderate physical activity

five or more days a week or vigorous activity for 20 or more minutes three or more times a week.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, %

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.